

## **CURRICULUM VITAE**

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Date of Entry in to Service : 06/08/2014  
Research Area : Work Life Balance Among Kerala Police

### **ACADEMIC QUALIFICATIONS:**

| EXAMINATION PASSED | YEAR OF PASSING | INSTITUTION                               |
|--------------------|-----------------|-------------------------------------------|
| B COM              | 2005            | CALICUT UNIVERSITY                        |
| M Com              | 2007            | DGM MES Mampad College                    |
| PGDCFS             | 2007            | ANNAMALAI UNIVERSITY.                     |
| MA (Sociology)     | 2009            | ANNAMALAI UNIVERSITY                      |
| B.Ed               | 2009            | MOUNT TABOR TRAINING COLLEGE,PATHANAPURAM |
| NET WITH JRF       | 2010            | UGC                                       |
| PGDHRM             | 2015            | ANNAMALAI UNIVERSITY                      |
| MLM                | 2016            | ANNAMALAI UNIVERSITY                      |

|                 |       |                                                                             |
|-----------------|-------|-----------------------------------------------------------------------------|
| MBA             | 2016  | ALAGAPPA UNIVERSITY                                                         |
| Msc(Psychology) | 2018  | ALAGAPPA UNIVERSITY                                                         |
| BLISc           | 2021  | ALAGAPPA UNIVERSITY                                                         |
| PhD             | Doing | Barata Mata<br>College, Trikkakara, affiliated to<br>MG University Kottayam |

### **SEMINARS/WORKSHOPS (National/International):**

#### **Presented:-**

1. presented a paper on "Role of Akshaya Centres in E-Governance", as part of two day national seminar on "Research Approaches and Applications in Digital Age - Sponsored by Dept. of Higher Education, Govt. of Kerala -organised by PG Department of Commerce, Panampally Memorial Govt. College, Chalakkudy on 4<sup>th</sup> and 5<sup>th</sup> 2019

2. presented a paper at a national seminar on "Financial Sector Developments in the Era of Digital Economy, organised by PG Dept. of Commerce, Govt. College, Malappuram- Sponsored by Dept of Higher Edn, Govt of Kerala, on 24<sup>th</sup> and 25<sup>th</sup> October 2019

3. presented a paper on "strategies for Tourism Promotion & marketing in Global Perspective"-a 2 day international seminar on the topic "A Study on the Problems and Prospects of Tourism in Kodukuthimala" organised by ISPTM 2K17, PG Dept of Commerce & Management Studies, DGM MES Mampad College on 13<sup>th</sup> & 14<sup>th</sup> November 2017

4. presented a paper on the topic-"Demonitization-A Panacea for India's Economic Restructuring?"- as part of 3 day international seminar "Demonitization and its Social and Economic Impact, Organized by PG Dept of Commerce, Govt College, Kattappana- Sponsored by Directorate of Collegiate Education, Govt College on 20<sup>th</sup>, 21<sup>st</sup> & 22<sup>nd</sup> December 2016

5. presented a paper at MPMM SN Trust College, Shornur, as part of 2 day international seminar sponsored by UGC on the topic "Rupee Fluctuations and its Impacts on Indian Economy on 9<sup>th</sup> & 10<sup>th</sup> October 2014

6. presented a paper on "A Study on Customer Perception Towards Royal Enfield With Special Reference Malappuram"-as part of 2 day international symposium on Research Innovations for Quality improvement in Higher education, organised by Research and Development Centre, Bharatiar University, Coimbatore

7. Presented a paper "A study on How is SBI managing its credit and credit risk" As part of two day international seminar on Financial and commodity derivatives in India; Trends and issues organised by PG Dept. of Commerce TMG College Tirur and sponsored by Dept. of collegiate Education Govt. of Kerala.

8. presented a paper in the title "A Study to Identify Problems and prospects of Entrepreneurship Development and Socio Economic factors Influencing among Tribes in Malabar" on 25<sup>th</sup> and 26<sup>th</sup> 2016, as part of 2 day National Seminar organised by PG Dept of Commerce, and Sponsored by UGC.

9. presented a paper on "Go Green with Green Banks ", as Part of 2 day National seminar on "prospects of Service Industry in India-Trends and Patterns" organised by PG Dept. of Commerce Marthoma College <chungathara and sponsored by UGC on 1<sup>st</sup> and 2<sup>nd</sup> December 2015

10. presented a paper on "effectiveness of advertisement among ready to cook customers with special reference to Yippee Noodles" as part of 2 day UGC National seminar on "Retail Sector of India" organised by PG Dept of Commerce, WMO Arts and Science College, Muttill on 20<sup>th</sup> and 21<sup>st</sup> January 2016

## **MEMBERSHIP IN PROFESSIONAL ACTIVITIES/ACADEMIC BODIES**

1. Member, Board of Studies, Hotel Management ,UG(Single Board),Calicut University
2. Faculty of Commerce and Management Studies,Hotel Management ,UG(Single Board),Calicut University

## **WORK EXPERIENCE:**

1. Working as Assistant Professor of Commerce at Malabar College of Advanced Studies, Vengara (06/08/2014- to date).
2. Worked as Assistant Professor of Commerce at Safa College of Arts and Science ,Pookatiri,Valanchery During Nov 2010 to March 2012 .
3. Worked as Assistant Professor of Commerce(SDE wing,Calicut University) during 2010 June to 2017 March at MES KVM College
4. Worked as Assistant Professor of Commerce at Farook Arts and Science,Kottakkal,June 2012 to July 2012 .
5. Worked as HSST Commerce,at MSP HSS Malappuram during July 2012 to March 2013
6. Worked as HSST Commerce at GHSS Kadungapuram during August 2012 to March 2013
7. Worked as Assistant Professor of Commerce at IKTM Arts and Science College,Cherukulamba during June 2013 to June 2014

## **PUBLICATIONS:**

### **Research Articles in Journal:**

- 1.Exploration of Worklife balance of Women employees in Malappuram –With special reference to Women Police personnel in Kerala Police ,Published in Wesleyan journal of research,Vol-14,No.2 (iii):2021 with ISSN -0975-1386





### **Organized:**

1. Coordinated Three Day National Seminar on “Flood Management and Biodiversity Conservation” sponsored by The Directorate of Environment and Climate Change, Govt. of Kerala held at Malabar College of Advanced Studies Vengara
2. Coordinated *Malabar Festival of Letters* 2022 organized by the Dept of English, MCAS Vengara.

### **Participated:**

1. Participated in the 2 Day Workshop for Co\_Ordinators of Loyola College of Social Science ,Trivandrum on 5<sup>th</sup> and 6<sup>th</sup> December 2016
2. participated UGC Sponsored one day Workshop on”Research Innovation and Extension”organized by IQAC ,Safi College,Vazhayur on 15<sup>th</sup> February 2020
3. participated 3 day workshop on “Statistical Analusis with MS Excel organised by PG Dept of Commerce, Govt.College,Kattappana, on 16<sup>th</sup> and 18<sup>th</sup> December 2018
4. participated a national webinar on Cyber Ethics in Youth Relationships,organised by IQAC and Dept of English,St.Alberts College(Autonomous),Cochin
5. participated 2 day national webinar on”t of Writing and Publishing Research Paper” organised by Dept of Commerce,MCAS ,Vengara on 14<sup>th</sup>,15<sup>th</sup> July 2020
6. participated a webinar on”Nava madhyama lokathe vayana,Sadhyathakalum,Parimithikalum”organised by Language departments of MCAS, on 24<sup>th</sup> June 2020
7. participated a webinar on “ICT Enabled Learning Techniques for Effective Teaching”-organised by IQAC ,NSS College,Manjeri
8. participated an institutional webinar on “Preparedness and Challenges of College

Teachers in the Post Covid Era” organised by Govt First Grade College for Women,Manglore.

9.participated a webinar on “Publication in Scopus,Web of Science Indexed and ABC related Journals”;organised by Barata Mata College,Trikkakkra on 27<sup>th</sup> May 2020

Organised

1. Organised a one day seminar on “innovative banking products” in association with MDC Bank Malappuram

### **RESEARCH PROJECT:**

1. Peer member of the study team (Project Associate) appointed by the Sarva Shiksha Abhiyaan, Kerala, to inquire into the success of the implementation of the *Sadgamaya* Integrated Education Project at Government. Manavedan Higher Secondary School, Nilambur funded by the Government of Kerala.

### **HONORS AND ACHEIVEMENTS:**

1. Best NSS Programme Officer Award, University of Calicut 2019-2020
2. I have been awarded one-month national level internship at Jawaharlal Nehru University Delhi by FLAIR, a new initiative of Dept. of Higher Education, Govt. of Kerala.